It’s Time to REACH Young Children in ECE: Let’s HOP to It!

DNPAO National Training May 7, 2019
TAKE HOME POINTS

CONSIDER the ECE setting for REACH and HOP grant activities

ALIGN your work with your state ECE system and on-going statewide initiatives
  • PARTNER with state-level stakeholders who know your state’s ECE landscape

CONTACT US for help getting started!
  • through your PO
  • email: eceobesity@cdc.gov
Who are you?

Where are you from:
State/county/city
Are you a REACH/HOP/SPAN grantee or.... ?

On scale of 1 – 10, where do you fall:
1 = What does ECE stand for?
5 = We are thinking about adding objectives specific to the ECE setting for our work
10 = We’ve already started work targeting the ECE setting through our CDC funding
What is the Early Care and Education (ECE) Setting?

The care of children aged 0-5 years outside their home by non-relatives

• child care centers, family child care homes, pre-school programs, Head Start and pre-kindergarten programs

• can be independent centers, located in people’s homes, or co-located in schools and faith-based organizations
ECE: Fundamental for Health Equity

• The first few years of life establish a child’s path toward—or away from—health and well-being.

• ECE helps narrow the inequitable gaps associated with child poverty and structural racism.

• ECE buffers children against adversity by
  1) providing stability and stimulation for the children themselves
  2) strengthening parents’ abilities to meet their children’s needs
What is one specific way in which your current goals might be advanced through ECE-focused efforts?
42 percent of children under age 5 in the U.S. live in a childcare desert.
ECE Inequity in America
Proximity to Available Care*

• State prevalence of neighborhoods designated child care deserts
  < 23% (ME) to >87% (UT)

• 3 in 5 rural communities lack adequate supply of licensed ECE

• Hispanics disproportionally live in child care deserts (60%)

• Maternal workforce participation rates are lower in child care deserts

* Does not consider AFFORDABILITY or QUALITY of care
Take 2 (minutes)....

What do you know (or suspect) about your priority population’s needs and access to quality ECE programs?

Report Out
Achieving ECE Equity

- More Facilities
- Improve Existing Facilities
The 2 Primary Drivers of Quality in ECE

- Federal
- State
- Local

Standards & Supports
REACH & HOP Guidance for ECE

1. Do things that build on state-level standards and support: increase reach of existing resources and services (local implementation)

2. Work in a way that reaches all relevant ECE providers vs. a select few: connect work to local ECE system for sustainability

3. Be comprehensive: include physical activity & gross motor development along with nutrition
State-level Standards and Support 101

BASIC Health/safety standards, training requirements, training & TA Support
Federal H&S standards, training requirements, TA & Training Support

ECE Funding Streams (Subsidy, Pre-K, Head Start)

Child Care Food Program (CACFP)

Federal nutrition-related standards, training requirements, TA & Training Support

Licensing & Administrative Regulations
Enhanced H&S standards, training requirements, TA & Training Support
2 Critical Kinds of Support Systems

- Statewide Recognition and Intervention Programs
- Statewide Access Initiatives (Farm2ECE)
- Pre-service & Professional Development Systems
- Quality Rating & Improvement System (QRIS)
- ECE Funding Streams (Subsidy, Pre-K, Head Start)
- Child Care Food Program (CACFP)
- Statewide Technical Assistance Networks
- Licensing & Administrative Regulations
Standards for ECE Providers
• Health
• Safety
• Training

On-going Support for ECE Providers
• Health
• Safety
• Training
• Early Learning
Licensing & Administrative Regulations

- Statewide Recognition and Intervention Programs
- Statewide Access Initiatives (Farm2ECE)
- Pre-service & Professional Development Systems
- Quality Rating & Improvement System (QRIS)
- ECE Funding Streams (Subsidy, Pre-K, Head Start)
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- Statewide Technical Assistance Networks
REACH & HOP Guidance for ECE

1. Do things that build on state-level standards and support: increase reach of existing resources and services

2. Work in a way that reaches all relevant ECE providers vs. a select few: connect work to local implementation of statewide ECE system for sustainability

3. Be comprehensive: include physical activity & gross motor development along with nutrition
“…..build on state-level standards and support:
increase reach of existing resources and services”

Who can think of an example of what a REACH or HOP grantee might do?
A Few Examples of Potential Activities

- Statewide Technical Assistance Networks
- Statewide Access Initiatives (Farm2ECE)
- Statewide Recognition and Intervention Programs
- Quality Rating & Improvement System (QRIS)
How do we start?

DEPENDS on whether, based on existing grant activities and partners, a natural expansion into ECE exists.

On scale of 1 – 10, at this time......

1 = there is no natural expansion of our work into ECE

5 = we need help determining if a natural expansion opportunity exists

10 = at least one natural expansion opportunity exists
There is at least one natural expansion opportunity...
There is no natural expansion of our work into ECE...
We need help determining if a natural expansion opportunity exists...
How do we start?

1. Identify Local Partners
2. Local ECE Needs Assessment
3. Rating & Prioritizing
4. Identify Possible Activities
5. Action Planning
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The process is cyclical, allowing for continuous improvement and adaptation.
How do we start?

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How do we start?

1. Identify Local Partners
2. Local ECE Needs Assessment
3. Identify Possible Activities
4. Rating & Prioritizing
5. Action Planning
Margaret West
J. Mike Waldmiller
Meredith Reynolds
Team Lead
Carrie Dooyema
Nora Geary
Allison Nihiser
J. Mike Waldmiller
Margaret West
Small Group Activity
Extra Slides
License-Exempt
License-Exempt

Licensing & Administrative Regulations

- ECE Funding Streams (Subsidy Program)
- Child Care Food Program (CACFP)

10 H&S standards
Training requirements
TA & Training Support

Enhanced nutrition-related standards, training requirements,
TA & Training Support
License-Exempt

- Quality Rating & Improvement System (QRIS) (except AZ, IL, MI)
- Statewide Recognition and Intervention Programs
- Statewide Access Initiatives (Farm2ECE)
- ECE Funding Streams (Subsidy, Proc. Fnding, Grant)
- Child Care Food Program (CACFP)

Licensing & Administrative Regulations
What is a local ‘ECE System’?

Local government offices, private organizations, and public-private partnership groups all administer these funding programs.

Education institutions with child development degree and certificate programs.

Local organizations and government offices that oversee/offer trainings outside of degree/certificate programs.

Local members of statewide networks (e.g. local CCR&R) and independent entities.

Local implementation of state Farm2ECE Central Kitchens.

Local implementation of state programs.

Localities can set higher regulations unless pre-empted by the state.

CA and FL operate QRIS locally.